

RULES AND STRATEGIES

Performance Standard 19C.H

Participate offensively and defensively in two different games or sport units observing game and safety rules accordingly:

- *Knowledge*: Knows offensive, defensive and cooperative strategies as well as rules and safety procedures for specific games.
- *Performance*: Select and execute effective offensive, defensive, and cooperative strategies; observe rules and safety procedures for specific games.

Procedures

1. ***In order to demonstrate physical competency in individual and team sports, creative movement and leisure and work-related activities (19C)***, students should experience sufficient learning opportunities to develop the following:
 - Apply offensive, defensive and cooperative strategies.
 - Apply rules during physical activity, and engage in safe practices before, during and after activities, games and sport.

Note: Provide students with opportunities to practice offensive, defensive and cooperative strategies, rules and safety procedures for the two games or sports to be assessed.

2. Students participate in two different sports activities demonstrating required offensive and defensive elements.
3. Observe each participant for at least two (2) minutes to assess each dimension on the rubric.
4. Evaluate each student's performance using the "Rules and Strategies" Rubric as follows:
 - *Knowledge*: The knowledge dimension was demonstrated in the performance.
 - *Performance*: Selected and executed effective offensive, defensive and cooperative strategies; observed rules and safety procedures for specific games.

Examples of Student Work

- [Meets](#)
- [Exceeds](#)

Time Requirements

- Two class periods

Resources

- Proper facilities and equipment for testing are necessary for the evaluation
- Written rules and safety procedures
- Physical Competency Rubric

RULES AND STRATEGIES

NAME _____ DATE _____

- Exceeds = 15 - 16 total points
- Meets = 12 - 14 total points
- Approaches = 8 - 11 total points
- Begins = 0 - 7 total points

	Offensive Strategy	Defensive Strategy	Game Rules	Safety
4	<ul style="list-style-type: none"> • Always selects an offensive strategy which is effective while using teammates 	<ul style="list-style-type: none"> • Always selects and correctly executes a defensive strategy that is effective against the opposition's offense 	<ul style="list-style-type: none"> • Aware of all rules pertaining to the game • Follows rules 	<ul style="list-style-type: none"> • Always uses equipment safely and encourages others to do so.
3	<ul style="list-style-type: none"> • Uses teammates effectively to carry out strategy most of the time 	<ul style="list-style-type: none"> • Aware of opponent and is able to defend goal most of the time 	<ul style="list-style-type: none"> • Aware of most rules pertaining to the game 	<ul style="list-style-type: none"> • Uses equipment safely most of the time
2	<ul style="list-style-type: none"> • Uses teammates to execute strategy some of the time 	<ul style="list-style-type: none"> • Aware of opponent and able to defend some of the time 	<ul style="list-style-type: none"> • Aware of some rules pertaining to the game 	<ul style="list-style-type: none"> • Participates safely and uses equipment safely some of the time
1	<ul style="list-style-type: none"> • Is aware of teammates to execute strategy but does not have control 	<ul style="list-style-type: none"> • Attempts to get in position but is not able to defend 	<ul style="list-style-type: none"> • Aware of very few rules pertaining to the game 	<ul style="list-style-type: none"> • Usually plays in an unsafe manner.
Score				