

LEADERSHIP SKILLS

Performance Standard 21A.H

Demonstrate leadership skills and responsible group participation skills during a small group activity accordingly:

- *Knowledge*: Know group roles and leadership skills.
- *Process*: Demonstrate leadership while teaching the group a self created drill.
- *Explanation*: Evaluate each group participant according to individual roles played.

Procedures

1. *In order to demonstrate individual responsibility during group physical activities (21A)*, students should experience sufficient learning opportunities to develop the following:
 - List the leadership skills used when participating in physical activity.
 - Examine the roles individuals play in group physical activity.

Note: Students should have worked on group roles and leadership skills. They must have a knowledge of the activity in order to create drills for practice. Leadership skill development is also necessary. (13 items). Each student should have activity plan on paper before leading group.

2. Develop list of leadership skills and group roles with class. Sample lists follow on the next page.
3. Decide if the students will lead and teach the class or small groups.
4. Review the scoring rubric with the class.
5. Instruct each student to lead an activity between five and seven minutes.
6. Use the Physical Development Rubric (Goal 21) for evaluating each student presenting the activity.
7. Direct the leader to complete an evaluation of all group members, following the completion of the activity, and after the group has practiced,.
8. Average members scores of each group.
9. Add each student's leadership score and group membership score for performance determination.
10. Evaluate each student's performance using the "Leadership Skills" Rubric as follows:
 - *Knowledge*: Knows group roles and leadership skills.
 - *Process*: Demonstrates leadership and group roles appropriately.
 - *Explanation*: Evaluates each group participant according to individual roles played.

Exceeds: 22 – 24 points
Meets: 17 – 21 points
Approaches: 12 – 16 points
Begins: 1 – 11 points

Examples of Student Work

- [Meets](#)
- [Exceeds](#)

Time Requirements

- Two to three class periods

Resources

- Equipment for drills
- Copies of Physical Development Rubric
- Individual Responsibility Checklist developed by class

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SAMPLE SKILL LISTS

Leadership skills list:

- Appears to be self-confident
- Has a clear sense of purpose for the drill
- Has a drive to accomplish the goal
- Is decisive
- Able to communicate to others
- Is a good listener.
- Plans for all to be involved
- Plans for contingencies
- Is able to demonstrate
- Treats others with respect
- Provides feedback to others
- Is well prepared for the activity
- Encouraged others

Group roles list:

- Cooperated in group activities
- Complied with directions
- Worked to the best of his/her ability
- Participated in all activities
- Respected the leaders' decisions
- Listened attentively
- Was on time and ready to participate